# Climate Change, Extreme Events, and Impaired Health: Maryland Perspectives

#### Pennsylvania Climate Change Advisory Committee April 30<sup>th</sup>, 2020

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### Outline

- Background
  - Climate Change and Extreme Weather Events
- Maryland Climate and Health Profile Report
  - Asthma
  - Myocardial Infarction
  - ► End Stage Renal Disease
- ► Climate change, plant phenology & allergic disease
- Concluding Thoughts



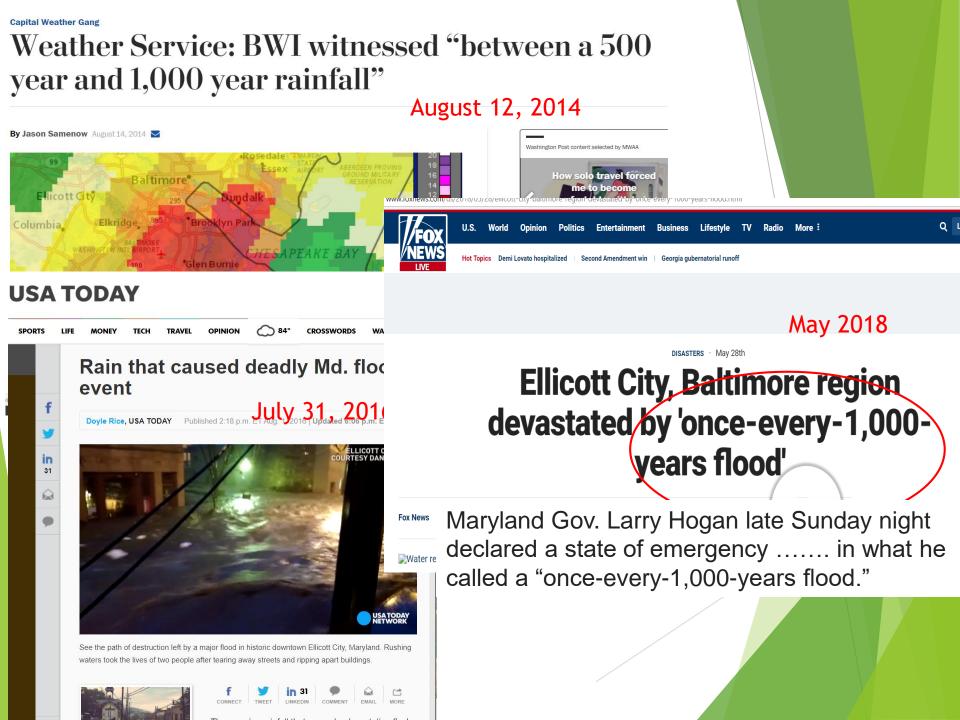
Britain gets through its hottest **July 2006** Europe swelters; officials enact plans fearing repeat of deadly '03 summer Recommend 0 **y** Tweet World feeling the heat as 17 countries

experience record temperatures

Middle Eastern and Latin American countries

2010 sees record highs in Russia. Belarus and Ukraine but also many African.

ON THIS DAY 1950 2005



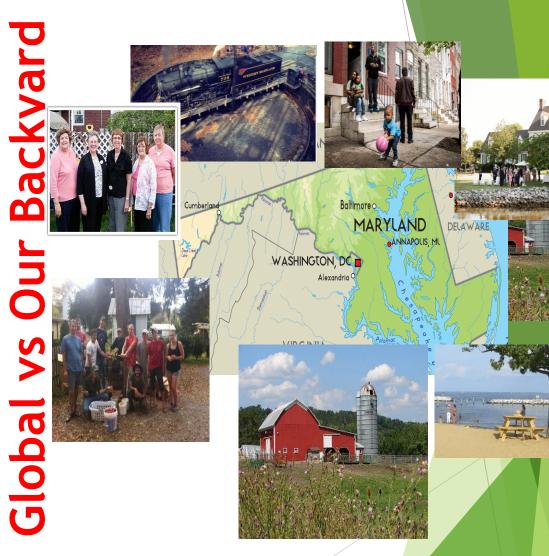
# Extreme Weather Events (EHEs): Signs of Changing Climate



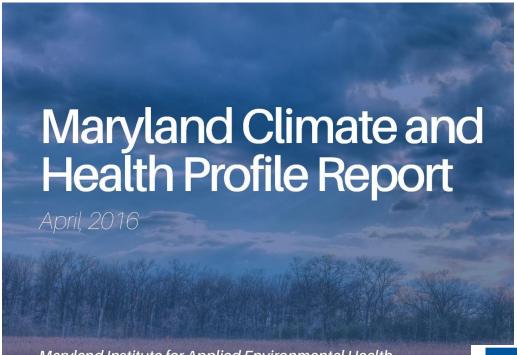
- May include
  - Extreme heat
  - Extreme cold
  - torrential downpours,
  - draught, hurricanes,
- Becoming more common, more intense & longer lasting
- This trend will likely continue in response to changing climate
- Strongest evidence?
  - Around us

Photo: Tony Gutierrez/Associated Press, Bill Feig





Source: Google image



Maryland Institute for Applied Environmental Health University of Maryland School of Public Health College Park

Prepared for the Maryland Department of Health and Mental Hygiene





http://phpa.dhmh.maryland.gov/OEHFP/EH/Shared%20Documents/Climate%20Change/MD\_climate\_and\_health\_FullReport 04182016%20Final.pdf

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RESEARCH

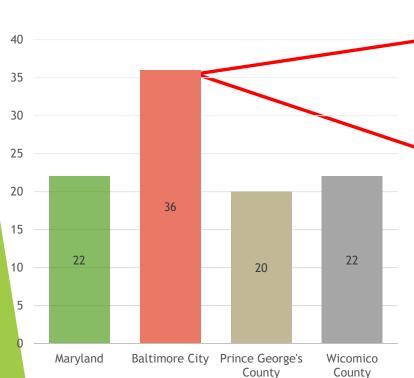
**Open Access** 

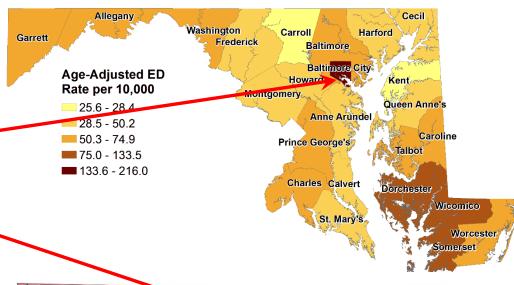
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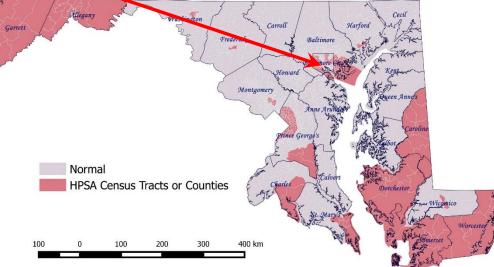
Exposure to extreme heat and precipitation events associated with increased risk of hospitalization for asthma in Maryland,



Sutyajeet Soneja<sup>1</sup>, Chengsheng Jiang<sup>1</sup>, Jared Fisher<sup>2</sup>, Crystal Romeo Upperman<sup>1</sup>, Clifford N

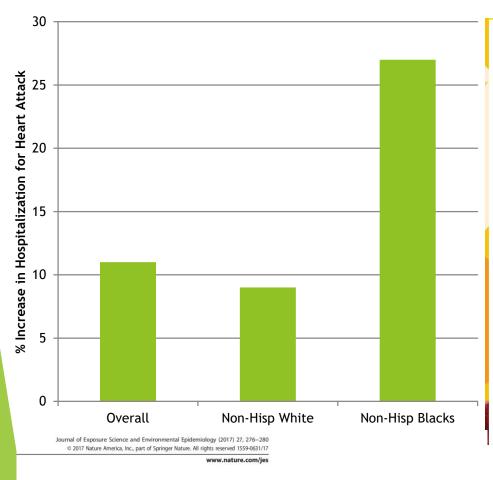








# Extreme Heat Events and Risk of Hospitalization for Heart Attack



#### **Heat Wave Affecting People Around Baltimore**

June 12, 2017 11:42 PM By Ava-jove Burnett

Filed Under: Heat Wave







some people may not take it seriously. The moment you step outside, you feel the heat.

Ava-joye Burnett explains why the heat mixed with the humidity could he a deadly combination

#### ORIGINAL ARTICLE

Summertime extreme heat events and increased risk of acute myocardial infarction hospitalizations

Jared A. Fisher<sup>1,2</sup>, Chengsheng Jiang<sup>1</sup>, Sutyajeet I. Soneja<sup>1</sup>, Clifford Mitchell<sup>3</sup>, Robin C. Puett<sup>1,2</sup> and Amir Sapkota<sup>1</sup>

Fisher et al. Journal of Exp Sci and Env. Epidemiology 2016

# Is the risk of EHE related heart attack higher in counties with higher proportion of minority population?

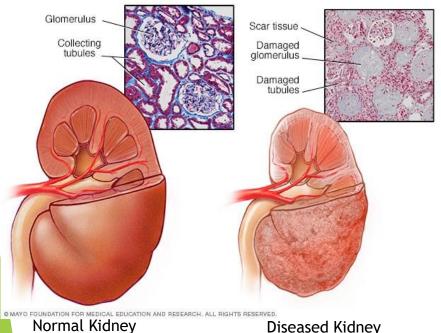




Original Investigation | Nephrology

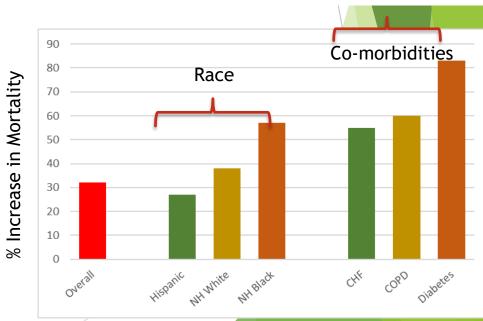
#### Association of Extreme Heat Events With Hospital Admission or Mortality Among Patients With End-Stage Renal Disease

Richard V. Remigio, MPhil, MS; Chengsheng Jiang, PhD; Jochen Raimann, MD, PhD, MPH; Peter Kotanko, MD; Len Usvyat, PhD; Frank W. Maddux, MD; Patrick Kinney, ScD; Amir Sapkota, PhD



Diseased Kidney

#### Risk of Mortality from Extreme Heat Among End-Stage Renal Disease Patients



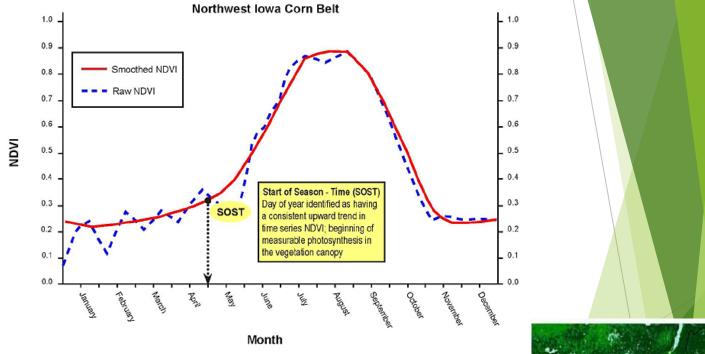
- ► Plant Phenology Nature's Calendar
  - ► Timing of seed germination
  - ► Timing of leafing
  - ► Timing of particular flower blooming
  - Growing season length
- ► Most sensitive indicator of ecological response to our changing climate.



# Start of Season (Onset of Greening)

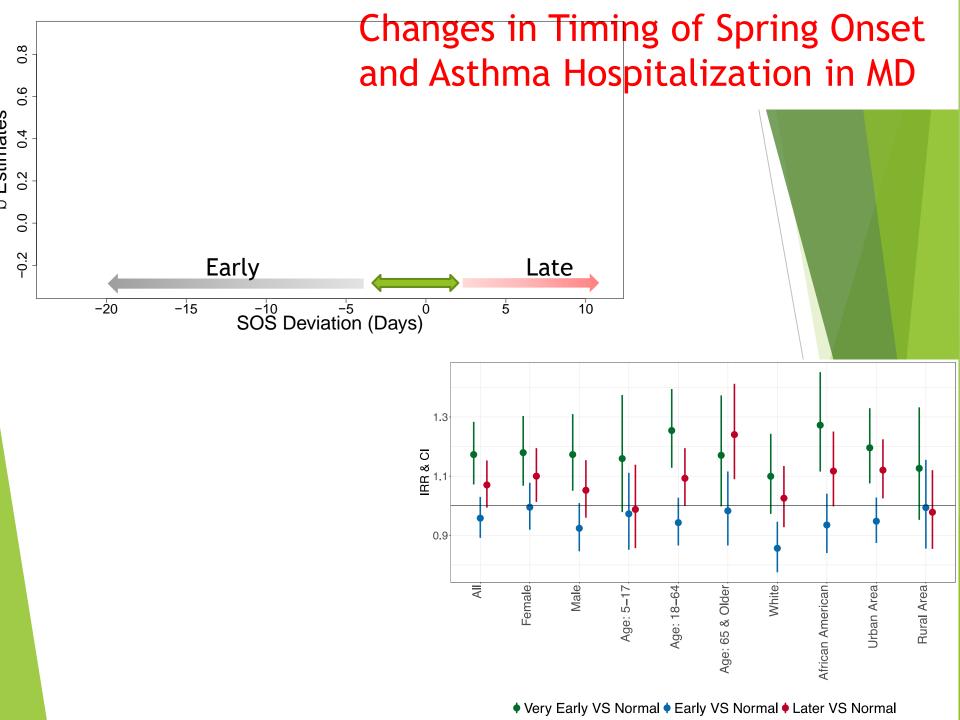


**AVHRR NDVI - Summer** 





http://phenology.cr.usgs.gov/overview.php http://phenology.cr.usgs.gov/methods\_metrics.php



### **Vulnerability**

- Disproportionate exposure to risk
- Unusually sensitive to that risk
- Lack capacity to adapt



developing children

#### Health Domain:

 Chronic diseases, Infants and young children, Elderly, Health care shortage zone

Pregnant mothers and

#### Social Domain:

 Certain ethnic groups, Minority populations, Linguistically isolated, Refugees, Economically disadvantaged

#### Psychological Domain:

Mental health disorders, Substance abuse

Am J Manag Care. 2006 Nov;12(13 Suppl):S348-52.

## Summary

- Extreme weather events are adversely impacting health of our communities
- The adverse health impact experienced by Marylanders is not equally distributed across geographic areas or population groups.
- The impact at local level will be exacerbated by existing disparities, individual sensitivity, preexisting conditions, and capacity to adapt.
- Planning is critical for building resilience. Must engage local stakeholders: planners, community leaders, faith groups, community health workers, citizen groups and non-profits.

## Acknowledgements

#### Funding: CDC's Climate-Ready States & Cities Initiative



Amir Sapkota, PhD



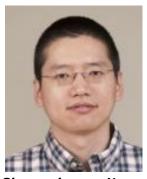
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